

# FARM GATE NEWS

Written & Published By

**GRANT**  
SHEDS™

MAR - APRIL 2016

A BI-MONTHLY NEWSLETTER TO INFORM AND ENTERTAIN YOU

**SETBACKS  
NO BARRIER**  
To Success With Almonds P5

How to maintain  
*your* **MOST  
IMPORTANT  
VEHICLE** P6

Building Farming  
Operations  
**HUNDREDS OF  
KM'S APART** P4

**FARM SHED  
SOLUTIONS**  
P7





# What Makes Country Life So Good?

SEE YOU AT THESE  
FIELD DAYS

AUGUST 9th-11th  
Eyre Peninsula Field Days

SEPTEMBER 16th-17th  
Riverland Field Days

# COMMUNITY

## Humbled by Response

A big **THANK YOU** to everyone who responded to our survey in the last edition of FARM GATE NEWS. We got hundreds of replies and the overwhelming response was that you are loving our little magazine.

I'll include a few of the comments in this and future editions. There are some beauties that I think are worth sharing.

But given that we send our magazine to about 7,000 farmers, hundreds of responses is still only a small percentage. So if you haven't responded yet and still have the survey, we'd still love to get it back.

If you don't still have the survey form, the general questions were as follows and we'd still like to hear from you via email, post, fax or phone.

1. Do you enjoy reading Farm Gate News?
2. Tell us what type of farmer you are  
 Beef Cattle  Dairy  Fruit/Veg  Grain  
 Sheep  Farmer General  
 Other \_\_\_\_\_
3. What are your favourite articles?  
 General interest info & info about our family  
 Legends-what rural people do in their community  
 Farmer stories from various industries & regions  
 Photos of farmers and sheds  
 Farm hints, tips & farm management info  
 Old farming photos & info  
 Jokes and  Recipes
4. Do you enjoy reading about farmers in other farming industries or locations to your own?
5. What else would you like to see in the magazine? Any ideas or farmers you think we should interview?
6. Please check the contact details at the bottom of the survey form (if you still have it) and update those for us. Or if you don't have the form, please give us the following information so we can check it's all correct on our subscription list.

First Name: \_\_\_\_\_  
 Last Name: \_\_\_\_\_  
 Postal Address: \_\_\_\_\_  
 Town: \_\_\_\_\_ St: \_\_\_\_\_ P/C: \_\_\_\_\_  
 Ph 1: \_\_\_\_\_  
 Ph 2: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

## Celebrity Status

Back in October when Danny was in Perth for the Conquer Cancer fundraising bike ride, he went with a friend to their printer to pick up some printing for the friend. Funnily enough, the printing staff recognised... Danny!

What the...? Danny is from SA and he's at a printer in WA, and they recognise him!?!)

Turns out, the same printer sometimes prints our FARM GATE NEWS and that's where they knew him from... just seeing his photo. It's a small world!

## Why Perth?

Well it's not always, but here's what happens in the publication of each edition.

First, we go out and do video interviews with farmers. It may be an hour long chat, sometimes less, but just very informal and casual as we learn about their farming operations.

We bring that back and download it onto our computer system, separate the audio from the video and send the audio to an online service that transcribes it. That's then sent to a lady in Queensland who turns the thousands of words transcriptions into a short story for the magazine.

Ali puts the rest of the magazine articles together from information sourced or from her own knowledge and provides it in a draft form to our organising publisher... an Aussie girl living in New Zealand (Marie) who does the rest.

She sends it to her graphic designer (Lyndle) in Perth who sets up the magazine and gets final approval from Ali. It's then sent to a printer in Adelaide or Perth, depending on timelines and what's being printed with the magazine. Once printed it's sent to a mail-house that prints the addresses on envelopes and inserts the magazine and any extra flyers. They then lodge all the envelopes with Australia Post and ...ta-da... it appears in your mail box.

It is interesting how it goes all over the place on its way to arriving in your mail box. In this day and age of computers and internet, there's no restriction on where things can be done.

## And Why Do We publish It?

This was mentioned on the survey form in our last edition, but just to briefly reiterate.. We're country folk, just like you, and it's our way of supporting, encouraging and acknowledging the efforts of farmers in our

country communities. And like a lot of rural people, we like to give back to our community.

Our hope is that, even though your farm enterprise may be different to the farmer, grower, blockie, cockie or pastoralist who is featured in each edition, that their story will still be of interest to you and may inspire you in some way.

And from the survey responses, it looks like that aim is being achieved.

We also try to keep the stories positive and uplifting. There's enough doom and gloom in our world so a little light-hearted relief may be just what the doctor ordered.

Ali in particular spends a large amount of time putting this little gem together with the aim to inform, educate, uplift and inspire.

## Deep Friendships Formed

The unexpected by-product though is that we really enjoy our farm visits, meeting farming people and the **very deep friendships** we make as a result.

So thank **YOU** to our farmers and rural communities... we think you are WONDERFUL PEOPLE.

## Yes... We Are Different

Our company is a little bit different, and we're damned proud that we are.

Don't keep it a secret. If you have farming friends that you think would enjoy our little magazine, we'll happily give them a complimentary subscription. Just send us their contact details and we'll add them to the list.

## More Farm Hay Art

Following on from the photos in our last few editions, here are another couple of hay-art structures found near Tarrington in Victoria. Pacman on the left and Black Cat on the right. The black cat took 18 bales of hay and 32 cans of paint.



All the best for now,  
*Ali & Danny Halupka*  
Owners, Grant Sheds





# You Little Ripper LOCAL AUSSIE LEGENDS

## Aussie Country Farmers Immortalised

The tiny Victorian town of Brim is the last town in the Wimmera, before the Mallee, if you're heading north from Horsham. Or travelling from the north down, it's 130km south of Ouyen, between Beulah and Warracknabeal.

With a population of just 100 people, it has one pub, a local shop and one mechanic. But the travelling tourist population has recently swelled its ranks as visitors from across Victoria and further afield from SA and NSW are descending on the town to view their newest masterpiece.

Artist Guido van Helten has transformed the disused Brim silos into a stunning work of art, using the 30m high walls to capture the essence of small towns across Australia, with a mural depicting four local farming identities.

The 'Brim Active Community Group' president



*Amazing new artwork on Brim, Victoria, silos immortalised local farmers.  
Photo used with approval*

Shane Wardle, whose family has farmed in the town since 1894, reckons it's the biggest thing to ever happen in the town. It's a welcome boost at a time of drought and shrinking population, with the pub selling more meals and

drinks and the shop selling lots of ice creams. Mr Wardle said the identities of the three men and one woman depicted were known but had not been publicised. "It's about the art," he said. "It's trying to capture the spirit of the local area. And he's done a great job."

drinks and the shop selling lots of ice creams.

Grain Corp provided the disused grain silos at Brim and funds were provided by Regional Arts Victoria, the Yarrambiack Shire Council and the Brim Active Community Group which crops farm land to provide funds for community activities. Paint was provided by Taubmans and Loop Paints and the local caravan park and pub provided free accommodation and meals.

The paintings started with the artist taking photos of local characters and mapping the work on his computer. A major challenge, obviously overcome, was allowing for the silos' curves.

## Survey Comments

### Damn Good!

*"Pretty damn good as it is! Great Read."*  
**Ben Andretzke, Truro SA**

### Grant Sheds - User Friendly Group

*"Your relationship building techniques are excellent and I have found you all a very user friendly group. I believe you have all of it (Farm Gate News) right. My wife and I have enjoyed many a newsletter. Thank you."*

**Lee Robertson, Broken Hill NSW**

### How Others Manage

*"Gives you some idea how the rest manage their situation. Keep on doing what you are doing."*

**Bob Pahl, Murrayville, Vic**



Bob's Grant Sheds Machinery Shed built in 2013.  
12m x 36m x 5.1m, open 1 end & 1 side.  
3 x 9m beams on the open side.

## Field Days Visitors



Nick Ottens with young Lachlan of Lochiel SA found their shed on our field day display.



Andrew & Sheree Bruce from Kadina, Yorke Peninsula SA found a photo of their shed in our field day display.



Lyn & Wayne Stoeckel, Loxton SA, regular visitors & happy Grant hay shed owners



John Launer of Sandilands has a 12m x 27m x 5.1m Machinery Shed.



John Richardson, Eden Valley, SA owns a 12m x 18m x 4.8m Grant shed.



Jack & Simon Rowe, Princess Royal Station, Burra SA. We could call their properties 'Little Grant Sheds' for the large number of Grant Sheds they own.

**More photos in future editions**





# FARMING TOGETHER

## Hundreds of Kilometres Apart



David Rasheed of "Boolapuckee" near Kingston SE farms in combination with his brothers, who are on stations in the north of the state, to insure against lack of feed for their sheep and cattle enterprises. He's invested in this Grant Sheds Machinery Shed to house and protect the larger farm equipment he's buying now. It's 15m x 30m x 6.3m and has 2 x 9m beams and 2 x 6m beams on the open side.

**Build it once, build it right and build it big enough for the future. This was the ethos for David Rasheed when it came to constructing a shed on his property at Keilira, near Kingston SE in South Australia.**

David and his family run cattle, Merino sheep and "dabble" in hay and grain as part of a mixed farming enterprise that encompasses four properties. David manages the south east property "Boolapuckee," while his brothers Nick & Jon together run sheep and cattle pastoral stations "Minburra" near Orroroo, "Melton" and "Koonamore" which are 30-60km north west of



Carting Wool Bales - Then and Now  
Above c1911 Koonamore Station wool transport. Below: Koonamore wool truck today. Nick Rasheed with baby Ada.



Yunta, in a fairly low rainfall area.

They move cattle between the properties sending them south to fatten them up, and selling them on to feedlots or taking them to market at Naracoorte. They also shift wether lambs to the north.

"Sometimes we bring weaner cattle down. We've got about 200 cows up there that just have the bulls in with them all year round, and we quite often take a draft. If they haven't quite got enough feed up there to fatten the cattle, we bring the little ones down here and fatten them. And we have taken wether lambs from down here up there as well to just run in the hills."

While rainfall in the north averages 8 inches a year, Keilira traditionally sees about 24 inches, however the past two years in the south east have been drier than usual - down about a third.

"The rains came at the wrong time," David explains. "No spring for two years straight now, and that's basically where we get all our feed from, that spring rain."

### Spring Rain Is Needed ... That's the money season!

These dry conditions have prompted the family to grow grain and hay to see them through.

"The last couple of years we've dabbled in a little bit of cropping down here just to try and grow a bit of grain for when we have to feed our ewes and that in the summer.

"So that's probably got us through, as well as cutting hay this year, knowing it might be a bad

finish again. We've got a bit of supplementary feeding to do, but that just means we've got to spend a bit of time on the tractor and the ute feeding stock."

It's the machinery that saw David invest in a 15m span x 30m long x 6.3m high Grant Sheds machinery shed.

### Everything's Getting Bigger and Bigger

"I've got a wide line machine that I bought at a clearing sale that wouldn't fit in our sheds at the moment, so I just wanted a shed that was a bit higher to fit anything. Also, the way things are, everything seems to get bigger and bigger, so I thought I want to make sure everything fits under the one roof."

After ringing around for quotes, he went with Grant Sheds due to the positive experience with the sales team. Particularly, help with designing the shed size and layout so that he got a higher shed than he originally intended for not much more money.

The builders were very good and the job took about a week from footings to completion, including a couple of days' delay due to high winds.

"Virtually as soon as the truck was unloaded, they just checked to make sure everything was here to start with, and then started marking out the corners and had the holes dug in probably two hours...We had the concrete truck in that day."

With the shed complete, David will soon fit a 104,000 litre water tank to it that will be used for crop spraying and also domestic uses, if required.

As for more sheds, David says this will see him through for some time yet.

"We've got a fair few sheds now, so hopefully this one will get me through for a while... maybe up north we might need one in the future."



Investments in expensive farm machinery need to be safe guarded. David's roller and tractor will be protected from our harsh Aussie weather in his new shed.



# ALMOND STOCKPILE COVERS

## Save Time & Effort at Harvest

**At Moorook, in the Riverland district of South Australia, brothers Ian and Craig Burdon have an almond orchard that's been steadily expanding since 1981. That was the year they put in 40 acres of almonds. A couple of years later they added another 40, then another 20 two years after that.**

Now the brothers produce 300-350 tonnes of almond kernels a year, predominantly growing the Nonpareil variety.

"We started off with Nonpareil, which is the main crop. Fifty per cent Nonpareil, and two pollinators; Ne Plus and Fritz. Over the years Fritz became problematic with bacterial spot disease. The Ne Plus as well had a bit of disease, so we changed over to Carmel and the Fritz remained for a while.

"But eventually we got rid of the Fritz as a pollinator and began planting just one for one Nonpareil/ Carmel. Now the Carmel has got a bit of a problem with bud failure so we're having to look around for another pollinator or two in the future."

It's all part of the ongoing fine-tuning process. In the coming years the brothers will also replace some of their older trees but will take that opportunity when the market slows.

"It's very difficult to start pushing things out when the price is so good. But the yields are starting to drop away a bit, so as the prices drop it'll probably look more likely that we'll push stuff out."

With prices in the grower's favour, Ian and Craig seized the chance to purchase new equipment in the form of two 18m x 37.5m x 5.3m Grant Sheds.

### Save Time & Effort During Wet Weather

Constructed late last year, they were built as almond stockpile covers, to save significant time and effort covering the crop with tarps when wet weather is imminent.

"We basically had them built because otherwise the almonds had to be tarped when we had wet weather, and the tarping is very time consuming and sometimes dangerous if you have windy conditions.

"When you do tarp them you have to remove the tarps after a short period because they get moisture build up underneath them, and it's a haven for rodents as well."



*New Sheds Easier & Safer: "With possible rain coming it is reassuring and very convenient not having to worry about tarps and all the headaches that go with tarping for protection. It takes at least 3 people to handle tarps and if a decent wind comes along they end up in the neighbours paddock!"*

The sheds have been designed with extra strong columns so that no cross-bracing is required and so the shed can be accessed from any direction. The new sheds have saved not only effort but time as well, with trucks able to pick up loads without providing notice for the tarps to be removed, and already the sheds have been filled more than twice this year.

As for the Grant's experience, they both agree that the entire process was "prompt, efficient, smooth and very helpful".

Grant Sheds suggestion to add an extra metre of height to the structure at minimal cost is something that Craig and Ian note was invaluable and much appreciated advice.

The pair agree that "Loading trucks is a breeze, not having to worry about clearance, and being wider means I can make the stockpile larger and save ground space."

They also welcomed tax concessions\* that allow them to depreciate the sheds over three years, and already the structures have attracted interest from others in the district.

For now Ian and Craig are content to enjoy the benefits of their new sheds and the good almond prices, with no current plans for future almond growing expansion.

\*Seek your own independent professional advice about tax concessions based on your own specific circumstances.



*Brenton from Grant Sheds chats with Craig Burdon (left) during a shed completion visit and Ian Burdon (right).*



### The Burdon brothers have 3 Aussie-Tough 'Grant' sheds now.

Their two new Almond Stockpile Covers and their 10 year old Aircraft Hangar

*(at right and at top right of photo above).*

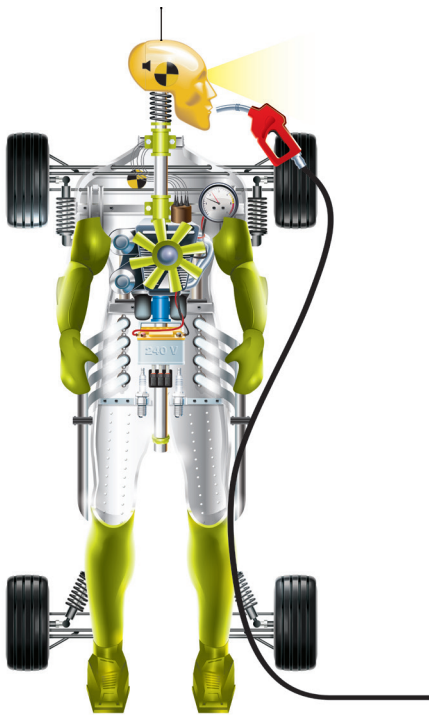




# Spanner In The Works?

## WHEN WAS YOUR LAST SERVICE?

Knowing when to have your farm vehicles checked is no different than keeping your body in peak condition



Blokes are often fastidious about servicing and maintaining their vehicles and machinery so that it keeps running at its optimum best. This helps avoid costly repairs and problems can be identified and fixed early before they become more major.

But when it comes to our most valuable piece of machinery ... our own physical and mental health ... we don't abide by the same standards. We don't run a "maintenance program" for ourselves and tend to battle through any aches, pains and feelings of pressure, stress or despair, hoping it will sort itself out.

It's only when the problem becomes overpowering that we get it checked out by our mechanic (our GP or other health professional). We wouldn't ignore the timing chain rattle or bearing rumble in our machinery because we know it might lead to worse problems later on.

So why don't we pay as much attention to the warning signals given to us by our bodies?

This table provides you with age related health issues common to your age group.

I hope you enjoy the mechanical comparison humour and that you also take notice and get your health "mechanic" (doctor etc) to put you over the pits each year for a full health check up.

**This is a Men's Health initiative by the Australian Men's Shed Association.**

For more information head to <http://malehealth.org.au/>

Age	20s	30s	40s	50s	60s	70s
Vehicle Type	Classic		Veteran		Vintage	
<b>Head (Computer Issues)</b>						
Alcohol (Fuel Additive)	✓	✓	✓	✓	✓	✓
Anxiety (Computer System)	✓	✓	✓	✓	✓	✓
Dementia (Computer System)			✓	✓	✓	✓
Depression (Lacking Power)	✓	✓	✓	✓	✓	✓
Drug Use (Fuel Additives)	✓	✓	✓	✓	✓	✓
Hearing Protection	✓	✓	✓	✓	✓	✓
Hearing Tests (Door Doof Sound Systems)			✓	✓	✓	✓
Macular Degeneration (Headlights)				✓	✓	✓
Medicine Use (Fuel Additives)	✓	✓	✓	✓	✓	✓
Skin Cancer (Duco Rust)	✓	✓	✓	✓	✓	✓
Smoking (Smoking Exhaust)	✓	✓	✓	✓	✓	✓
Stroke (Computer Malfunction)	✓	✓	✓	✓	✓	✓
Tinnitus (Feedback in the Doof Doof System)				✓	✓	✓
Vision (Headlights)			✓	✓	✓	✓
<b>Chest (Body Panels)</b>						
Asthma (Air/Fuel Mix)	✓	✓	✓	✓	✓	✓
Blood Pressure (Oil Pressure)	✓	✓	✓	✓	✓	✓
COPD (Air/Fuel Mix)	✓	✓	✓	✓	✓	✓
Heart Risk Factors (Clean Fuel Lines)	✓	✓	✓	✓	✓	✓
Men & Heart Disease	✓	✓	✓	✓	✓	✓
Diabetes (Fuel Injector Blockages)						
Type 1 Diabetes	✓	✓	✓			
Type 2 Diabetes	✓	✓	✓	✓	✓	✓
<b>Waist (Body Panels Bulging)</b>						
Exercise (Body Panels Bulging)	✓	✓	✓	✓	✓	✓
Gastro Intestinal Cancer (Bearing Rumples)		✓	✓	✓	✓	✓
Kidney Health (Blocked Fuel Filters)			✓	✓	✓	✓
<b>Penis (Drive Shaft)</b>						
Erectile Dysfunction (Broken Drive Shaft or Misfires)	✓	✓	✓	✓	✓	✓
Sexually Transmitted Infections (Drive Shaft Infections/Balance)	✓	✓	✓			
Testicular Cancer (Spark Plug Miss)	✓	✓	✓	✓		
BPH/Enlarged Prostate (Fuel Line Blockage)			✓	✓	✓	✓
Prostate (Fuel Injectors)			✓	✓	✓	✓
PSA Test/Prostate Cancer (Fuel Pump Malfunction)			✓	✓	✓	✓
Prostatitis (Fuel Pump Infection)			✓	✓	✓	✓
Urinary Continence (Worn Piston Rings)			✓	✓	✓	✓
<b>Anus (Worn Big End, Extractor Corrosion)</b>						
Bowel Cancer (Extractor Corrosion or Big End Problems)				✓	✓	✓
Bowel Continence (Worn Big End)			✓	✓	✓	✓
Constipation (Blocked Extractors)			✓	✓	✓	✓
<b>Legs &amp; Hips (Chassis Rust)</b>						
Arthritis (Ball Joint Lubrication)			✓	✓	✓	✓
<b>General (General Service)</b>						
Exercise (Regular Vehicle Use "Burning the Cobwebs Out)	✓	✓	✓	✓	✓	✓
Gambling (Risky Driving)	✓	✓	✓	✓	✓	✓
Pain Management			✓	✓	✓	✓
Skin Cancer (Duco Rust)	✓	✓	✓	✓	✓	✓
Sleep Apnoea (Block Air Cleaner)			✓	✓	✓	✓
Suicide Prevention (Avoiding the wreckers)	✓	✓	✓	✓	✓	✓
Suicide Post-Vention	✓	✓	✓	✓	✓	✓



# Ideas to Help You With Your FARM SHED SOLUTIONS

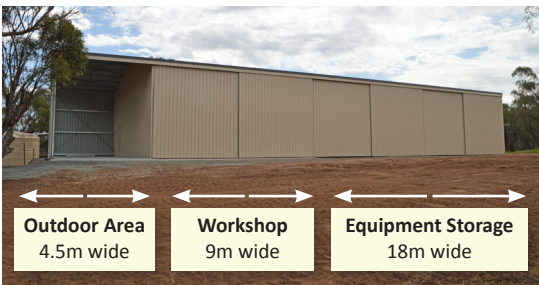


*"An excellent, well made shed-braced to perfection. Building job excellent."  
David Eckert, Mentara Park, Meningie SA*



**New 3 Year Tax Depreciation Rates Apply\***  
When used for fodder storage

**MEGA HAY SHED:** David Eckert from Meningie SA and his 24m x 48.6m x 6.9m shed. Due to its massive size, this one is made using Open Web Joists (OWJ) roof frames and Universal Beam (UB) columns. The 3 x 16.2m wide span beams across the open front allow David to fit 6/2.4m long hay bales comfortably in each section. This means no cramming that would mean slower to store and remove hay and no wasted space so his investment dollars are fully utilised. It means the return on his investment is very efficient.



## MACHINERY, WORKSHOP & ENTERTAINMENT DESIGN

**Rod & Sue Schunke of Saddleworth (Saddleworth Motors owners)** have a new 12m x 31.5m x 4.8m Machinery & Entertainment Shed, the layout of which has been custom-designed to suit their own personal requirements. The shed has (left to right on photo above)

- **Outdoor Entertaining Area:** The endwall on the left side has been moved in one bay so that it has a 4.5m wide section that is roof and rear wall only for a covered outdoor entertaining area.
- **Workshop:** The next section is a 9m wide workshop. It is separated from the rest of the shed with a dividing wall. A 9m beam and 2 x 4.5m wide sliding doors that can open together, give a 9m wide open section, Unencumbered by any columns.
- **Equipment Storage:** 4 x 4.5m bays, with 2 x 9m carry beams to eliminate 2 columns. 4 x 4.5m wide sliding doors. Each pair opens to allow full use of each 9m section. All doors are in the closed position in this photo.
- **Other Optional Accessories:**
  - 2 Personal Access Doors to give easy entry to the workshop from outside and also from inside the equipment storage area.
  - Paperbark Colorbond wall cladding and Woodland Grey Colorbond roof (not visible here)
  - Air Cell Glare Shield Insulation on the roof, walls and doors in the workshop area to reduce heat. Sue says, "On the very hot days of summer, the insulated area was about 10 degrees cooler."
  - Gutter Mesh to prevent leaf litter in the gutters

**Fire Pit:** The rims Rod used to make their fire pit (photo top right) came from a wagon that carted the stone that was used to build their family home in the early years of the mid north settlement.



**WE ABSOLUTELY LOVE OUR NEW SHED** "Installing insulation in the workshop area was the 2nd best decision we made with our new shed. The 1st best decision was deciding to buy a "Grant" shed. We absolutely love our new shed."  
**Sue Selth & Rod Schunke, Saddleworth SA**

## DAUNTING PROJECT MADE EASY

"Rod and I would like to thank Grant Sheds for their great customer service from the beginning to the end of our new shed.

We are very happy with all our dealings with you and the builders (who amazed me with the tidiness of the site considering the wet conditions they worked in)

We very much appreciate how smooth and easy you guys made it all as these things can be daunting at times.

The teabag, lollies and wine were also appreciated and a lovely touch

Photos of shed party will follow when weather fines up a bit and the ground dries out!!

We will happily be recommending Grant Sheds to all our friends and customers."

**Sue Selth & Rod Schunke**  
**Saddleworth Motors, Saddleworth SA**

## Rod was "Told Where To Go..."

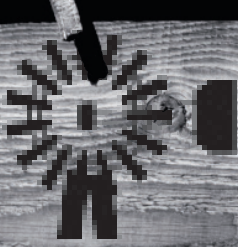
Trevor Thompson of Saddleworth owns a Grant shed bought in 2009 and suggested Rod do the same. Trevor received a \$400 Mitre 10 gift card for his referral and Rod got a shed he loves!

**See back page for info on Referral offer.**

Find us on Facebook to see and comment on more farming photos that we share.







# Grant Sheds Community HAPPY SNAPS



## Koonamore & Minburra Stations History Photos



**Koonamore c1911:**  
Shearers Quarters (top left) and Students Quarters (top right)

**Minburra Stn**  
In 1922 Minburra was visited by Captain Miller who gave flights to the shearers

These stations were mentioned in our page 4 story in this edition.

## TELL YOUR FRIENDS WHERE TO GO!

Refer your friends or neighbours to buy an Aussie-Tough shed from Grant Sheds and when they buy you'll receive Mitre 10 Gift Voucher or FREE BEER, valued at up to \$400\*

We'll look after your people like VIP's. You can be assured they'll get our full attention and will be delighted that you told them to invest in a 'Grant' shed.

Just tell us the names of your friends or family who may need a shed and we'll help them out.

Plus there's a Mitre 10 voucher or FREE BEER for you just for referring. See flyer enclosed.

Receive Mitre 10  
GIFT VOUCHERS

FREE BEER

## MONTHLY HUMOUR

- Always remember you're unique, just like everyone else.
- What's the difference between an oral and a rectal thermometer? The taste!
- What do you call a deer with no eyes? No eye deer.
- What do you call a fish with no eyes? A fsh
- What do you call a cow with no legs? Ground beef.
- What's a man's idea of a balanced diet? A beer in each hand!

### HOW TO BURN 800 CALORIES



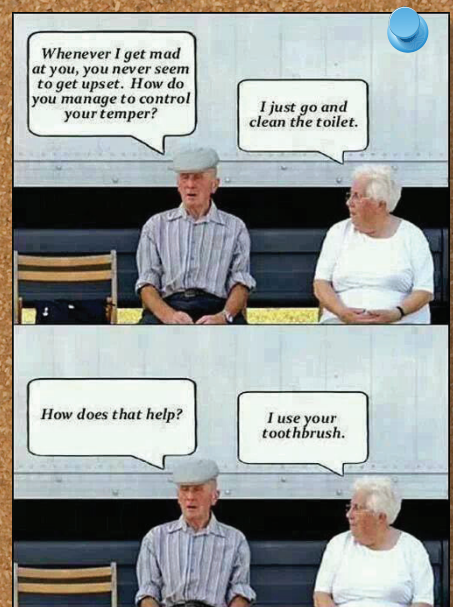
IN JUST 30 MINUTES



Did you know the scientific name for Viagra



is Mycoxafloppin?



### Viagra Warning!

My husband took some Viagra last night. The pill got stuck in his throat and gave himself a stiff neck all night

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